

CWTSH

New Tredegar area
June 20 – 26, 2022



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MONDAY

IT Hub support sessions	Phillipstown Community House	9 am - 5 pm
Caerphilly Cares Drop-in	Phillipstown Community House	10 am - 12 noon
Toddler Sessions	White Rose Library	9.30 - 10.30 am
Carers Sensory Session	White Rose Library	tbc
Caerphilly CBC Housing Support	Phillipstown Community House	10 am - 12 noon
Living with Dementia Cafe	White Rose Resource Centre	10 am - 12.30 pm
Knit and Natter Group	White Rose Library	10 am - 12.30 pm
URV Wanderers Mixed Walk	Parc Cwm Darran	11 am
Aerobic Fitness Class	White Rose Resource Centre	6.15 - 7.15 pm
Bingo	Phillipstown Community Centre	7.15 pm (8 pm start)

TUESDAY

IT Hub support sessions	Phillipstown Community House	9 am - 5 pm
Smart Money Credit Union	Phillipstown Community House	9.30 - 11.15 am
Fareshare Food	White Rose Resource Centre	9.30 am - 12.30 pm
Talking Café	White Rose Resource Centre	12 noon - 2 pm
Warm Arted Art Group	Phillipstown Community House	12 noon - 2 pm
The Parent Network	White Rose Resource Centre	12.30 - 2.30 pm

WEDNESDAY

IT Hub support sessions	Phillipstown Community House	9 am - 5.00 pm
55 Club (quiz, bingo & more)	Brithdir Constitutional Club	1.30 - 4.30 pm
Lunch Club	St Dingat's Church	12 noon

THURSDAY

The Parent Network	Phillipstown Community House	9 - 11.30 am
IT Hub support sessions	Phillipstown Community House	9 am - 5 pm
Fareshare Food	White Rose Resource Centre	9 am - 12.30 pm
Communities for Work Plus Drop in	White Rose Library	10 am - 1 pm
Toddler Sessions	White Rose Library	2 - 3 pm
Slimming World	White Rose Resource Centre	5.30 - 7 pm

FRIDAY

IT Hub support sessions	Phillipstown Community House	9 am - 5 pm
White Rose Singers	White Rose Resource Centre	1.15 - 3 pm
Warm Arted After School Art Club	Phillipstown Community House	6 pm - 6.30 pm

SATURDAY

Park Run (5K)	Parc Bryn Bach	9 am
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SUNDAY

Junior Park Run (2K)	Parc Bryn Bach	9 am
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Please note there is a charge for some activities

For full details of all activities and locations

scan the QR code opposite or visit www.cwtsh.wales

We are not responsible for changes in events and activities

- To add activities to the CWTSH guide - info@cwtsh.wales or 07305 714695
 - To get your details onto DEWIS and Infoengine - lippia@caerphilly.gov.uk
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Caerphilly Cwtsh Community

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